



# Maharishi Purusha Capital of the Western World<sup>SM</sup>

Come and Enjoy the Deep Silence at the *Purusha Capital*<sup>SM</sup> in West Virginia

## MEN'S 2026 COURSE SCHEDULE

**T**op leaders of the TM<sup>®</sup> organization will be joining us for courses throughout 2026. Dr. Girisha Momaya and Dr. Neil Paterson, highly inspiring leaders of our international organization, will lead our Memorial Day WPA in May; John Bright, Ph.D, an expert in Maharishi Vedic Science, will lead a two-week WPA on Maharishi Vedic Leadership in August; and TM-Sidhi<sup>®</sup> Administrator Dr. Doug Birx will return to hold a WPA in October. We are now also offering the Creating Coherence Course for those who wish to experience a longer course of one month up to six months. In addition, we expect to hold very popular four-day weekend TM Retreats for Meditators with the option to receive an Advanced Technique. Some courses are still being finalized, and there may be changes and new courses added so **be sure to check [our website for updates](https://www.purushacourses.org)**.

### Creating Coherence Course

**T**he Creating Coherence Course (CCC), lasting anywhere from one to six months, provides a unique opportunity for men practicing the TM and TM-Sidhi programs to spend a longer time at the Purusha Capital<sup>SM</sup> in order to focus on experiencing deeper, more refined levels of consciousness. The daily program is similar to a World Peace Assembly program, but with no afternoon meeting, thus allowing time for personal business and work projects. There will be evening knowledge meetings to enjoy videos of Maharishi specially selected from our video library. This course is open to those practitioners of the TM and TM-Sidhi programs who are in good health and already have experience doing longer programs on WPA's or other courses. For more information on the course, visit [purushacourses.org](https://www.purushacourses.org).



Dr. Bevan Morris WPA



Maharishi Vedic Leadership Forum Course



Dr. Doug Birx WPA

### World Peace Assembly Schedule (WPAs)

**W**orld Peace Assemblies offer an opportunity to gain deep and revitalizing rest while enjoying extended practice of the TM and TM-Sidhi programs. Sink deep into the soft, silent atmosphere of Purusha on its pristine and secluded 465-acre campus. This is a place to totally relax, switch off, and dive deep into experiences while living in Maharishi Vastu<sup>®</sup> Architecture designed buildings. The combination of spacious rooms, panoramic views, delicious vegetarian meals, lively company, and profound talks by Maharishi, all contribute to a delightful experience.

**Presidents Day WPA: February 13 (Friday) to February 16, (Monday), \$550 or February 13 (Friday) to February 20, (Friday), \$1300.**

Presidents Day is February 15. Course participants can come for 3 or 7 nights. The 3 night course is ideal for people with limited time who live within driving distance of the Purusha Capital. Mahashivaratri, the Day of Shiva in the Vedic Calendar when the quality of silence is especially lively in nature, is on February 15.

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## **Navaratri WPA: March 21 (Saturday) to March 28, (Saturday), 7 nights, \$1300.**

This World Peace Assembly coincides with Navaratri, the nine days of the Vedic calendar most lively in the qualities of Mother Divine. The course includes special videos of Maharishi Vedic Pandits performing the traditional recitations for the Nine Days of Mother Divine and a lecture by Maharishi on Mother Divine. Navaratri is a particularly auspicious time for enlivening peace of mind, prosperity, and fulfillment of desires. Raam Navami, the birthday of Raam, is on March 27.

## **Memorial Day WPA with Dr. Girish Momaya and Dr. Neil Paterson on Maharishi's Insights into Vedic Science: May 23 (Saturday) to May 30, (Saturday), 7 nights, \$1300.**

This course will explore the underlying deep principles of Maharishi Vedic Science in various areas of Veda and Vedic literature and will connect your experiences during the practice of the Transcendental Meditation and TM-Sidhi programs with Maharishi's knowledge. You will get a holistic understanding of how the regular practice of these technologies very naturally advances your spiritual evolution towards enlightenment. Topics explored will be TM in the light of Maharishi Vedic Science, Maharishi Yoga—Unification of Individual and Cosmic Life, Maharishi AyurVeda—The Science of Wholeness of Life, Vedanta—Human Life in Perfection and Complete Alliance with Natural Law, and the Apaurusheya Bhashya—Maharishi's commentary on the Eternal, Uncreated Rik Veda. For a more detailed course description visit [purushacourses.org](http://purushacourses.org).

Dr. Girish Momaya is a director of Maharishi European Research University and is also a director at International Maharishi Ayurveda Foundation in the Netherlands. Dr. Momaya spent many years working under the guidance of Maharishi Mahesh Yogi, receiving extensive education and training in all aspects of Vedic Science.

Dr. Neil Paterson also worked extensively with Maharishi for well over 30 years, and is currently working closely with Maharaja Adhiraj Rajaraam. Most recently, Neil has been helping establish Maharishi Vastu campuses for Maharishi Vedic Pandits in India and Nepal. Dr. Momaya and Dr. Paterson are both TM-Sidhi Program Administrators and Advanced Technique teachers. There will be an opportunity on this course to discuss experiences and answer questions regarding your TM-Sidhi practice. There may also be an opportunity to learn an Advanced Technique, depending upon demand.



Silence WPA



Dr. Neil Paterson WPA

## **Guru Purnima WPA: July 25 (Saturday) to August 1 (Saturday), 7 nights, \$1300.**

Guru Purnima is that special time of year when we celebrate the fullness of Vedic knowledge given to us by Maharishi and Guru Dev. We will celebrate this profound time of year by watching the annual celebration in MERU, Holland, featuring Maharaja and leaders of the Global Country of World Peace<sup>SM</sup>. This course will also include videos of Maharishi speaking about his years with Guru Dev. One word characterizes the experience of the Guru Purnima WPA—fulfillment—both in and out of program.

## **WPA on Maharishi Vedic Leadership, led by Vedic scholar John Bright, PhD; August 15 (Saturday) to August 29 (Saturday), 14 nights, \$1800**

In this rarely seen series of lectures to the TM Teachers of Japan, Maharishi goes into detail on the ancient science and art of supreme leadership. In over 15 hours of talks Maharishi reveals the Vedic secrets of how to lead oneself as the basis of leading others, illuminating the central role of consciousness in creating a true leader. These talks present



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the knowledge and experience of Unity Consciousness and how to gain the full support of the Vedic Devata, or Laws of Nature, the ultimate Leader of the universe. The course will be led by Vedic scholar John Bright, who coaches leaders (Founders and CEOs) in how to make right choices through growing their consciousness. The content of this course will be valuable for anyone to bring about greater support of nature for all of their desires and activities.

## **Navaratri WPA with Dr. Doug Birx: October 10 (Saturday) to October 17, (Saturday), 7 nights, \$1300.**

This course is a special opportunity to spend time with one of the great leaders of the TM organization and refresh your understanding of correct practice of the TM and TM-Sidhi programs. Over the past 48 years, Dr. Doug Birx, who Maharishi named the "Master Checker", has taught many thousands of people the TM-Sidhi program in more than 90 CIC Courses.

Course participants enjoy Doug's warmth and wisdom as he discusses experiences and conducts a thorough review of correct practice of the TM-Sidhi program. There will also be an opportunity to meet with Doug privately about your TM-Sidhi practice. His courses typically fill up, so be sure to reserve a room early.

Some comments from prior courses:

- "This WPA is the best one I've ever attended in my 41 years of TM and Sidhis practice."
- "My program was totally transformed during this course."
- "Doug completely eliminated any trace of effort that I'd been having in program."
- "I couldn't believe how generous he was with his one-on-one consultations. Program has become so blissful."

This course coincides with Navaratri, the nine days of the Vedic calendar most lively in the qualities of Mother Divine.

## **Dipavali WPA: November 7 (Saturday) to November 14, (Saturday), 7 nights, \$1300.**

During this WPA we will celebrate Dipavali, the Festival of Lights (Mahalakshmi Day), on November 8th and play a video of Maharishi speaking on Mahalakshmi. The qualities of Natural Law lively on this day bestow good fortune, happiness, health, the fulfillment of desires, and the elimination of obstacles.

## **Silence WPA: December 29 (Tuesday) to January 9 (Saturday), 11 nights, \$1750 or December 29 (Tuesday) to January 13 (Wednesday), 15 nights, \$2150.**

For decades, wherever we happened to be, Purusha spent the first seven days of January in Silence along with Maharishi. We invite you to join us in this annual tradition that starts each New Year from a platform of profound silence and deep experience of the TM and TM-Sidhi programs. The course includes afternoon and evening meetings with videos of Maharishi. The Silence WPA has been a favorite of many course participants due to the depth of experiences that are often gained during this longest WPA of the year.

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## **TM Retreat/Advanced Technique Courses for Meditators**

This is a special opportunity for meditators to enjoy a three-night TM Retreat with the added opportunity to learn an Advanced Technique. The course schedule is not yet finalized for 2026 and when finalized will be posted on the [purushacourses.org](http://purushacourses.org) website.

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## **Maharishi Purusha Program<sup>SM</sup> and Taste of Purusha Courses**

The Maharishi Purusha Program is for single men who desire to live in an ideal environment in order to achieve rapid growth towards full enlightenment. We offer a one-month Taste of Purusha Course for those who would like to join us and experience a "taste" of what it is like to be on Purusha. For more information and/or to apply, please visit the Taste of Purusha page on [purushacourses.org](http://purushacourses.org).

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## **Apply online at [www.PurushaCourses.org](http://www.PurushaCourses.org)**

If your individual travel arrangements require that you arrive a day early or leave a day later from the course, please inform our office at [courses@purusha.org](mailto:courses@purusha.org).

There is an additional course fee of \$95 per night. For some courses we also offer a discount for full-time students or anyone working full time in the TM organization. Please contact us for more details. Governors who are interested in being guest WPA course leaders should email us at [courses@purusha.org](mailto:courses@purusha.org).