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December, 2025

Dear Friends of Purusha,

We wish all our friends and donors a joyful holiday season and a fulfilling new year. As we reflect back on the past year and our remarkable 44-year history, we are inspired and amazed at the wonderful experiences we had with Maharishi, the many diverse projects around the world we have participated in, and the profound growth of bliss and enlightenment in our lives. We are especially appreciative of all our donors and friends who have helped make all of this possible through their generous support and friendship.

Enclosed is our 2026 calendar and course schedule. In addition to eight World Peace Assemblies, some of which will be led by top leaders of the Global Country of World Peace, we are now offering the **Creating Coherence Course (CCC)** for those men practicing the TM® and TM-Sidhi® programs who would like to spend longer periods of time (from one to six months) at the Purusha Capital<sup>SM</sup> to focus on experiencing deeper, more refined levels of consciousness. The daily program

is similar to a World Peace Assembly program, but with no afternoon meeting, thus allowing time for personal business and work projects.

We have also enclosed information on our partnership with [FreeWill.com](http://FreeWill.com). FreeWill enables individuals to create a will, Advance Health Care Directive, and a Durable Power of Attorney at no cost.

If you are not currently a donor and would like to contribute, or if you would like to increase your donation level or make a one-time donation, please use the enclosed donor card or visit [purusha.org/donate](http://purusha.org/donate).

*Jai Guru Dev*

Maharishi Purusha Program

P.S. To receive our email newsletter please sign up at [Purusha.org](http://Purusha.org). Our emails sometimes go into the spam folder, so add us to your contacts and check your spam folder.

